



Quarterly Newsletter

2017 BURRITO BREAKFAST Hot Stuff!

In case you missed out on the delicious breakfast burritos that were handed out on Thursday, November 30, 2017 in Flagpole Circle, here is a sneak peek at some pretty happy SMC tenants as they walked away with their mouth-watering breakfast treats, prepared by Emergency Hunger Food Truck. We will strive to have better “line control” in the future, and we thank everyone who came out to partake in this Fall event.



Emergency Hunger Food Truck comes once a month to serve lunch on campus.



Meat and vegetarian options were available, and this was cause to smile!



To stay abreast of SMC future campus development plans, please visit the website we created which contains updates on building plans for the medical center.

www.samplussj.com

DID YOU KNOW?

SAVE THE DATE

Need a little spring cleaning in your office? To celebrate Earth Day, SMC is holding its annual E-Waste and Shred Event **Wednesday, April 18** here on the SMC campus.

A flyer with more details will be sent out in March. Many of you have expressed how you appreciate this service, and we look forward to you participating again.



What is the state of cancer survivorship in Silicon Valley? Due to improved treatments and a growing older adult population, the number of cancer survivors is on the rise. As part of Cancer CAREpoint’s plan to expand our Cancer Survivorship program, we are distributing a survey for cancer survivors so we can develop support programs that will best meet the needs of survivors in our community. All responses will be kept confidential.

If you are a cancer patient and have completed active treatment, we would appreciate it if you would take 5 minutes to complete our **Cancer Survivorship Survey** (please choose the language that is most comfortable for you). https://www.cancercarepoint.org/survivorship_survey/

For more information about Cancer CAREpoint’s support programs for cancer patients and their families, visit www.cancercarepoint.org

SMC OCTOBER TRIVIA WINNER!

Ramonda Collins

Dr. Ito’s Office
2577 Suite 725

Clue...



Answer...



Near the arm gate in parking structure

WHO WILL BE OUR NEXT STARBUCK’S WINNER? – SEE BACK PAGE FOR THE NEXT GAME’S CLUE

TENANT SPOTLIGHT

COMFORT KEEPERS

2505 Samaritan Dr., Suite 202



Comfort Keepers strive to provide the best in-home care wherever “home” may be to seniors around the Bay Area. Their interactive caregiving approach sets them apart and focuses on engaging the body, mind and spirit of those who choose to age in their own homes.

Transforming daily activities into interactive activities improves health, outlook on life, reduces injury risk, and depression for better quality of life. Everyday activities, like grocery shopping, can be opportunities to engage clients! With no weekly minimum and flexible scheduling, Comfort Keepers is a company that can truly customize a care plan for any client’s needs.

They specialize in both personal care and help around the house. Their services include assistance with bathing, dressing, and grooming, but also extend to light housekeeping and meal preparation. In the aging population, sometimes hydration and nutrition are put to the wayside, so their caregivers help encourage a healthier lifestyle and prepare delicious, homecooked meals for them.

In addition to the elderly population, they also help with adults who need a little extra care after surgical procedures. The necessary care is relatively the same, with the need for help walking around the house or even

doing the laundry. They can assemble a team of caregivers to ensure that your loved ones and community members are recovering safely at home.

Their office is excited to be welcomed into the neighborhood and look forward to establishing themselves in this wonderful community. They extend an invitation to your offices, staff, and community to their open house on February 23 from 4-6pm. Mayor Rob Rennie of Los Gatos will be conducting the ribbon-cutting ceremony at 4:30pm, so they look forward to meeting you then! Light refreshments will be served and there will be raffle prizes available to win.

If you have any questions or have patients/loved ones who could benefit from the services of Comfort Keepers, don’t hesitate to contact their 24-hour office number: (408) 446-1199. Otherwise, feel free to stop by their office in 2505 Samaritan Drive, Suite 202 and say hello!

For more information, please check their website:

www.ComfortKeepers.com

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Happy Valentine’s Day



SAMARITAN MEDICAL CENTER

Premier Medical Office Space

SMC TRIVIA

Find Alex, the SMC Penguin!

Can you identify where this photo was taken? It is somewhere on the SMC campus, and many of you pass this perch every day, though Alex won't be there now! Answer will be revealed in the next newsletter if there is a winner.

Who wants to win?



The first person to e-mail our office with the correct answer wins a \$50 Starbucks gift card.

annmarie@samaritanmedical.com

SAMARITAN MEDICAL CENTER

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LOST & FOUND AT SMC

If you or any of your clients ever lose anything on the SMC campus, i.e., keys, purses, cell phones, credit cards, articles of clothing, please call the Property Management Office at 408-402-6600 or e-mail annmarie@samaritanmedical.com since we continue to accumulate a collection of items.

"You want to set a goal that is big enough, that in the process of achieving it, you become someone worth becoming."

(Jim Rohn)